



May

JCS BREAKFAST






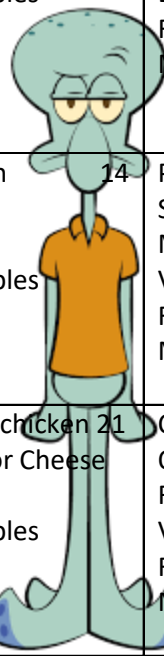

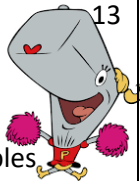

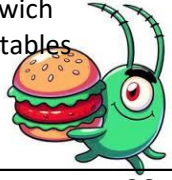



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh fruit and vegetables used 	Price: Students K-12 Free Adult: \$3.00		Fruit 1 Juice Yogurt Cereal Muffins Milk	Fruit 2 Juice Pancakes Syrup Cereal Toast/ Jelly Milk
Fruit 5 Juice Breakfast Pizza Hash Brown Cereal Toast/ Jelly Milk	Fruit 6 Juice Bacon & cheese on a bagel Cereal English/ Jelly Milk	Fruit Juice Waffles Syrup Cereal Toast/ Jelly Milk 	Fruit 8 Juice 2 Cheese omelet Cereal Muffins Milk	Fruit 9 Juice Bk. Parfait Cereal Toast Jelly Milk 
Fruit 12 Juice Mini Cinnamon buns Cereal Toast Jelly Milk 	Fruit 13 Juice Bk .Egg Bowl Cereal English Jelly Milk	Fruit 14 Juice Fruit Smoothies Cereal Muffin Milk 	Fruit 15 Juice Mini Pancakes Syrup Cereal Toast Jelly Milk	Fruit/ Juice 16 Bagel w/ cream cheese or WOW butter Cereal English/ Jelly Milk
Fruit 19 Juice Yogurt Cereal Muffins Milk 	Fruit 20 Juice Pancakes Syrup Cereal Toast/ Jelly Milk	Fruit 21 Juice Bacon Breakfast Sandwich Cereal English/ Jelly Milk	Fruit/Juice 22 French toast Syrup Cereal Toast Jelly Milk 	Fruit 23 Juice Breakfast Pizza Hash Brown Cereal Toast/ Jelly Milk
 MEMORIAL DAY	Fruit 27 Juice Bacon & cheese on a bagel Cereal Toast/ Jelly Milk	Fruit 28 Juice Waffles Syrup Cereal Toast/ Jelly Milk	Fruit 29 Juice Bk. Parfait Cereal Muffin Milk 	Fruit 30 Egg, bacon & Tater tot Bake Cereal English Jelly Milk

BREAKFAST MENU IS SUBJECT TO CHANGE WITHOUT NOTICE





JCS LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sandwiches & Salads are made daily as part of the lunch options</p> 	<p>Juice is offered daily along with fruit for grades 9-12 All bread products are whole grain enriched</p> 	<p>Nondairy and Gluten Free options available</p> 	<p>Mr. Krab's Kraby Patty Mrs. Puff's-Puffs Squidward's-Cole slaw Patrick's Pickles Sponge Bob's Pineapples /Milk <u>Dino-mite day</u></p>	<p>Hot dog on a Bun Macaroni salad Vegetables Fruit Milk</p> 
<p>Baked Chicken 5 Potatoes Vegetables Fruit Milk</p> 	<p>Hamburger 6 Gravy over biscuits Vegetables Fruit Milk</p>	<p>Cheese or 7 Pepperoni pizza Vegetables Muffins Fruit Milk</p> 	<p>Garden salad 8 W/ Grilled chicken Bread sticks Fruit Milk</p>	<p>Chicken 9 Nuggets Wedges Vegetables Muffins Fruit Milk</p> 
<p>Ham and 12 Cheddar sub Baked chips Vegetables Fruit Milk</p>	<p>Tacos 13 L,T Rice Wedges Vegetables Fruit Milk</p> 	<p>Popcorn 14 Chicken Rice Vegetables Fruit Milk</p>	<p>Pulled pork 15 Sandwich Mac. & Cheese Vegetable Fruit Milk</p> 	<p>French toast 16 Eggs Bacon Vegetable Fruit Juice Milk</p>
<p>Tomato Soup 19 Toast cheese Sandwich Vegetables Fruit Milk</p> 	<p>Hamburger 20 On a bun Am. Cheese Wedges Vegetables Fruit Milk</p>	<p>Buffalo chicken 21 Ranch or Cheese pizza Vegetables Muffins Fruit Milk</p>	<p>Chicken patty 22 On a bun Rice Vegetables Fruit Milk</p>	<p>Italian dunkers 23 Pasta Vegetables Fruit Milk</p> 
<p>26</p> 	<p>Sampler platter 27 Mozz. Sticks Chicken nuggets Smiles Vegetables Fruit Milk</p>	<p>Meatball Sub 28 Baked chips Vegetables Fruit Milk</p> 	<p>Hot dog on a 29 Bun Wedges Vegetables Fruit Milk</p>	<p>Popcorn 30 Chicken Bowl w/Gravy Gold Fish crackers Fruit Milk</p>

Lunch menu subject to change without notice

